

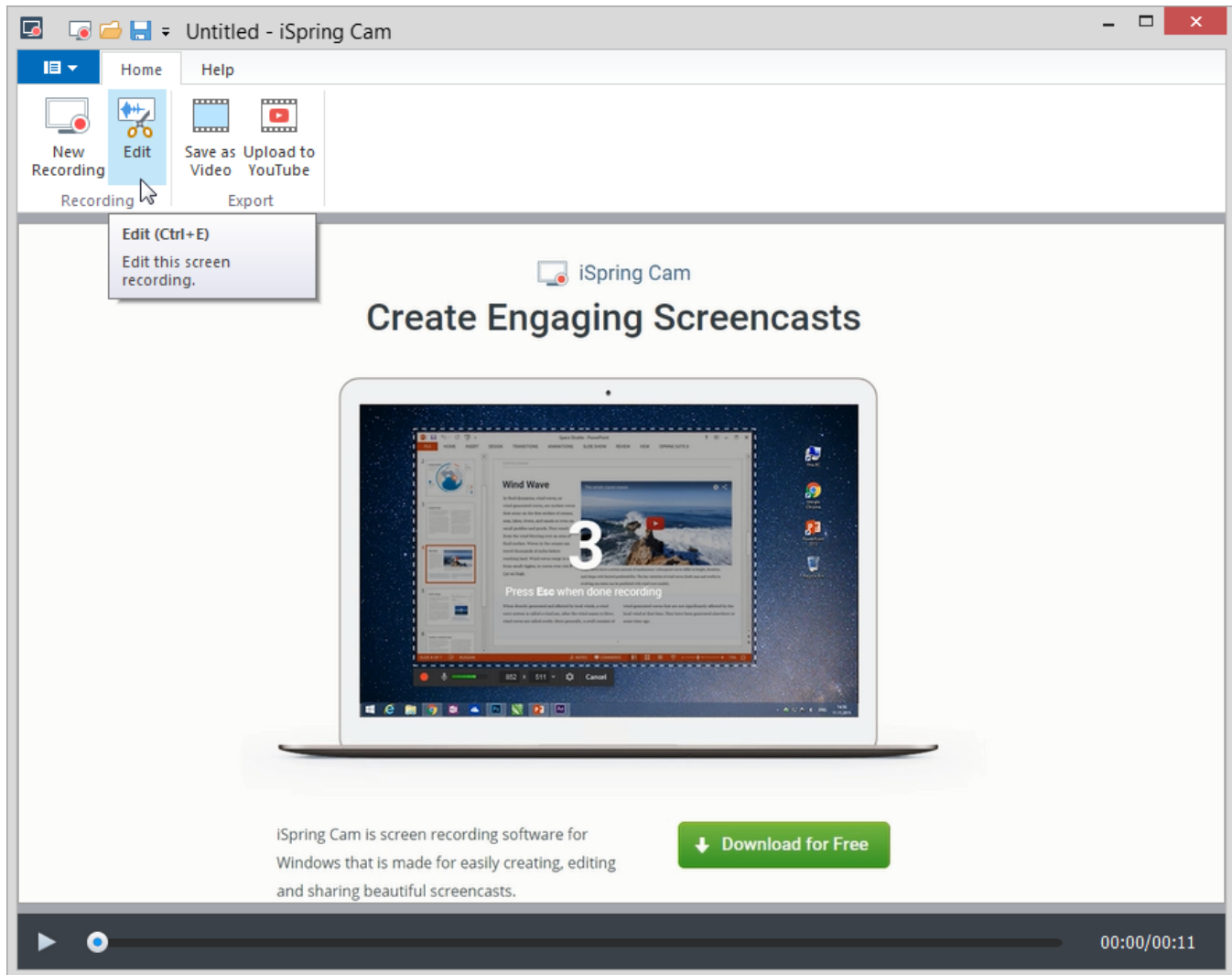
Saving a Recording

The **View Recording** window that pops up after you finished your recording provides several saving options:

- [Edit your recording with the iSpring Video Editor](#)
- [Save it as an .mp4 video on your hard drive](#)
- [Save your recording into a project file \(*.screenrec\)](#)
- [Upload it directly to YouTube](#)
- [Insert it right into your presentation](#)

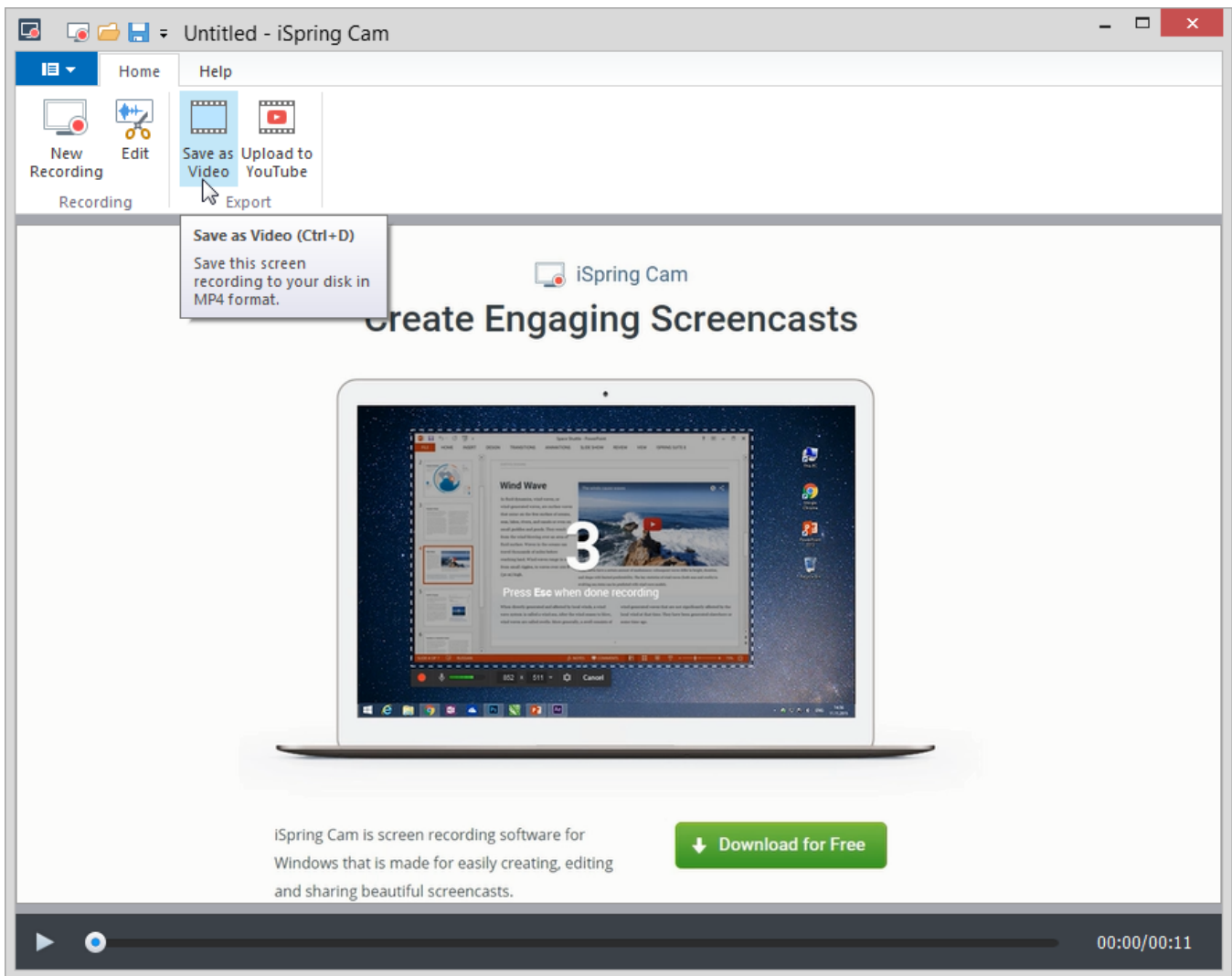
Editing a Screen Recording with the iSpring Video Editor

You can open the [iSpring Video Editor](#) and make the changes to your recording such as trimming clips, removing background noise, or applying fade effects. Then, you can insert it into your presentation or export it as to your hard drive.



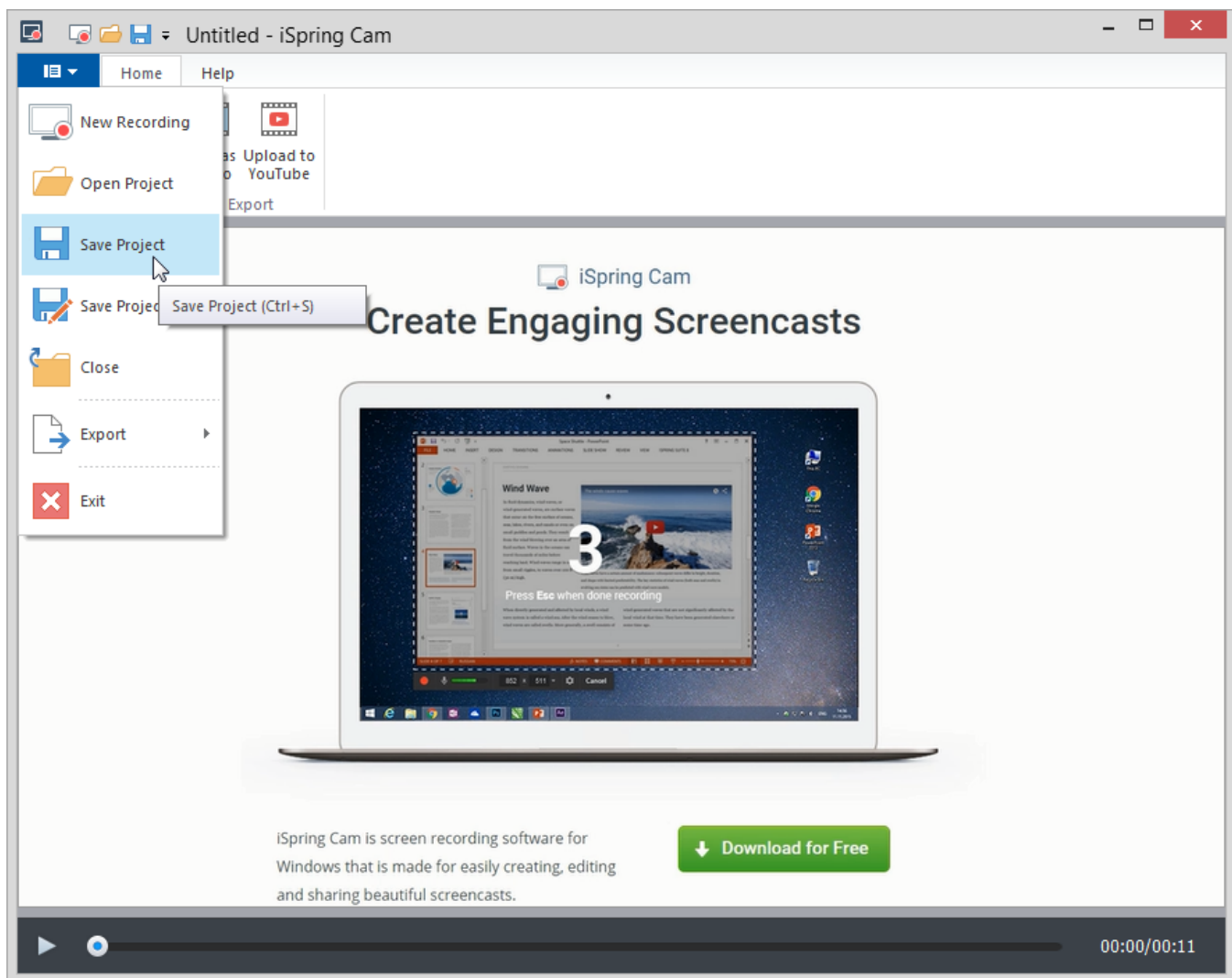
Saving a Recording to a Video File (*.mp4)

You can save your recording as a video file right on your computer. Just click the **Save as Video** option, and a standard Save As dialog will open. You can choose a file name and folder on your computer to save a high-quality .mp4 video file.

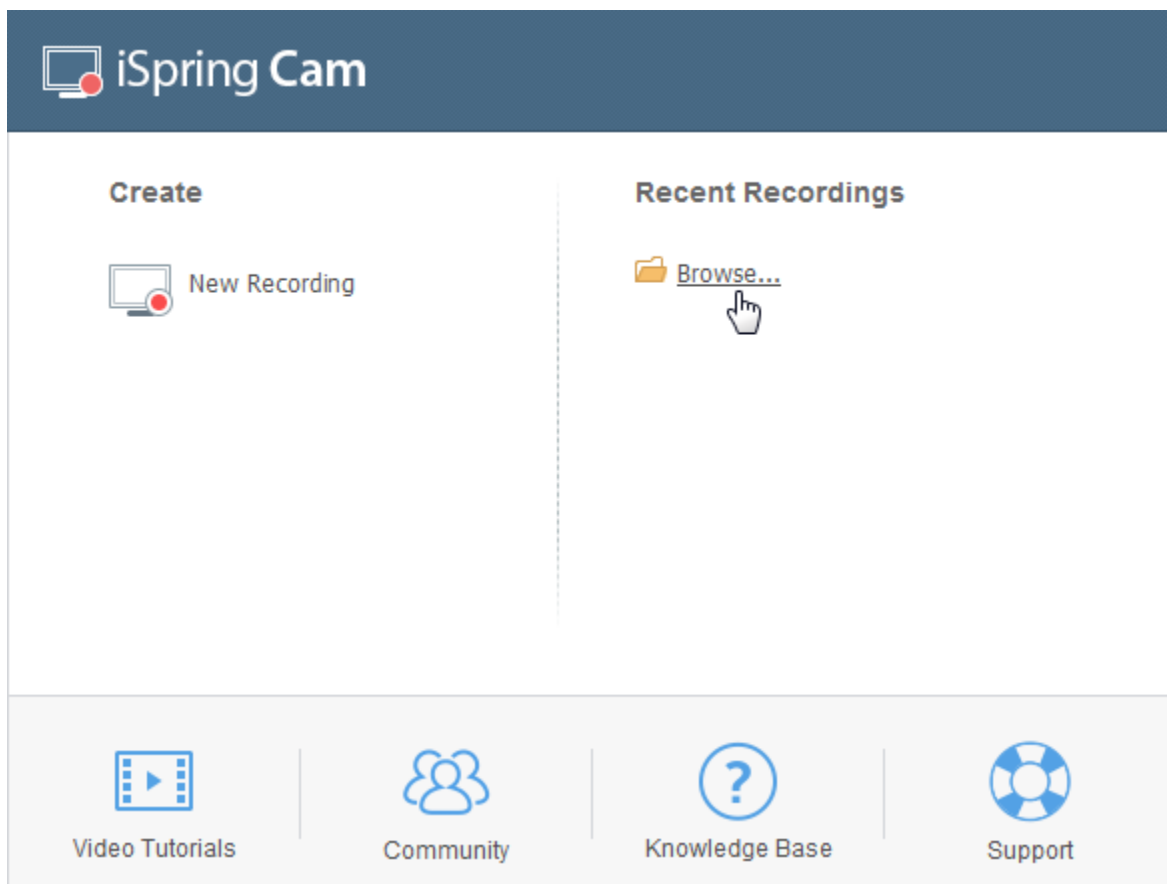


Saving a recording into a project file (*.screenrec)

To save your recording as a project file, you can click in the File menu and select the **Save Project** option. The recording will be saved in the *.screenrec format. This option is particularly useful if you want to reuse your screen recording file in different presentations or edit it later with iSpring Video Editor. If you don't want to edit the recording later, it's clearly easier to [export it as a standalone video file](#) in .mp4 format.

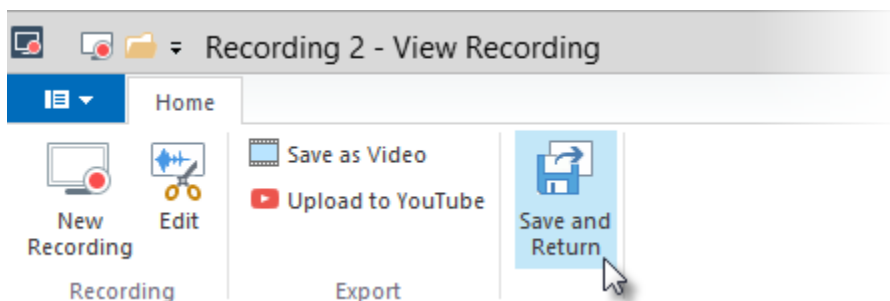


To use the exported project file in another presentation, click **Screen Recording** on the iSpring toolbar and browse for it in the Quick Start window.



Inserting a Screen Recording into Your Presentation

If you use iSpring Cam as a component of iSpring Suite, you can insert your screen recording directly into your PowerPoint presentation by clicking **Save and Return**.



The screen recording placeholder will be added to the slide. You can apply all relevant PowerPoint effects to it.

You can return to editing your recording at any time. Just select your recording on the slide and click **Slide Recording** on the toolbar.

