

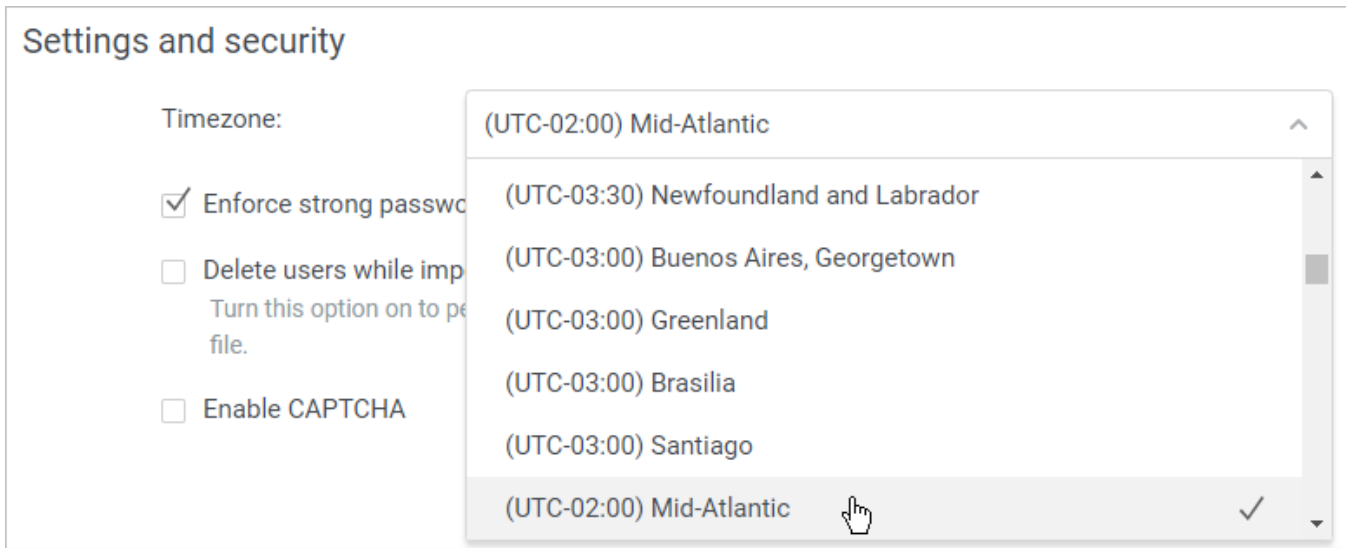
Settings and Security

You can set up the following settings for your iSpring Learn account:

- [Timezone](#)
- [Deleting Users while Importing from XLSX](#)
- [Strong Password](#)
- [CAPTCHA](#)

Timezone

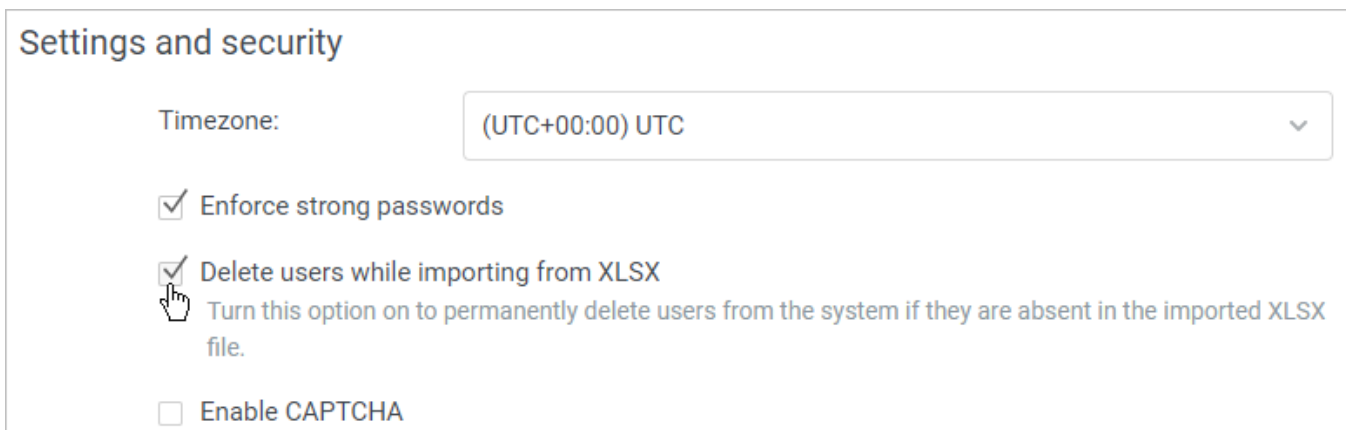
Select the timezone for your iSpring Learn account and click **Save**.



The screenshot shows the 'Settings and security' page with the 'Timezone' dropdown menu open. The menu lists several timezones, with '(UTC-02:00) Mid-Atlantic' selected and highlighted. A mouse cursor is pointing at the selected option. The other options in the menu are: '(UTC-03:30) Newfoundland and Labrador', '(UTC-03:00) Buenos Aires, Georgetown', '(UTC-03:00) Greenland', '(UTC-03:00) Brasilia', and '(UTC-03:00) Santiago'. The 'Timezone:' label is to the left of the dropdown. Below the dropdown, there are three checkboxes: 'Enforce strong passwords' (checked), 'Delete users while importing from XLSX' (unchecked), and 'Enable CAPTCHA' (unchecked). The 'Delete users while importing from XLSX' option has a tooltip that reads: 'Turn this option on to permanently delete users from the system if they are absent in the imported XLSX file.'

Deleting Users while Importing from XLSX

Select this option if you want to delete all existing users when [importing new ones](#) via a XLSX file.



The screenshot shows the 'Settings and security' page with the 'Delete users while importing from XLSX' checkbox checked. A mouse cursor is pointing at the checked checkbox. The 'Timezone' dropdown is set to '(UTC+00:00) UTC'. The other options are: 'Enforce strong passwords' (checked) and 'Enable CAPTCHA' (unchecked). The 'Delete users while importing from XLSX' option has a tooltip that reads: 'Turn this option on to permanently delete users from the system if they are absent in the imported XLSX file.'

Strong Password

To enable strong passwords in your account, check **Enforce strong passwords** and click **Save**.

Settings and security

Timezone:

(UTC-02:00) Mid-Atlantic



Enforce strong passwords



Delete users while importing from XLSX

Turn this option on to permanently delete users from the system if they are absent in the imported XLSX file.



Enable CAPTCHA

If you switch on this option, your users will use a strong password. A strong password should consist of Latin letters (a-z, A-Z), contain at least one capital letter (A-Z) and one number (0-9). Its length should be 6 characters and more.

If this option is disabled, users may enter a simpler password that consists of 6 and more characters without any extra requirements.

CAPTCHA

To protect the account from spammers and bots, enable CAPTCHA and click **Save**.

Settings and security

Timezone:

(UTC-02:00) Mid-Atlantic



Enforce strong passwords



Delete users while importing from XLSX

Turn this option on to permanently delete users from the system if they are absent in the imported XLSX file.



Enable CAPTCHA

This computer test will help to determine if the user attempting to access the system is a human or a program.

If CAPTCHA is enabled in your account, users will have to pass through the 'I'm not a robot' test every time they sign in.