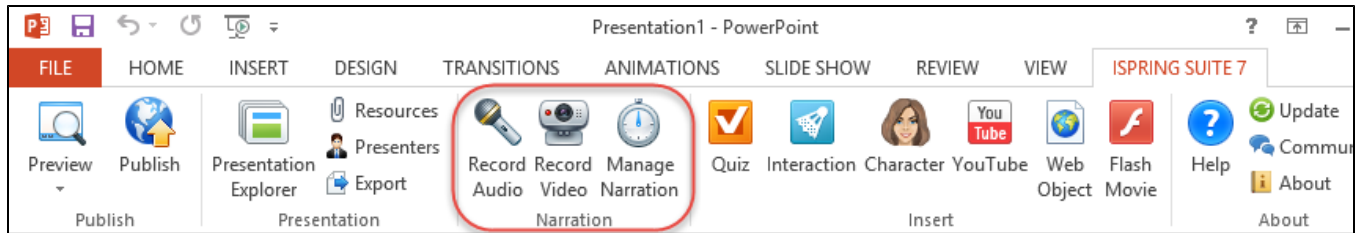


# Managing Narrations

iSpring Suite gives you the opportunity to deliver audio and video narrations to your audience. There are two ways to add narrations to your presentation: importing existing audios and videos, and recording them right within your PowerPoint. Easy to handle and synchronize.



The recommended way to manage narrations is to use the built-in [Narration Editor](#), where you can:

- [Record audio narration](#)
- [Record video narration](#)
- [Import audio narration](#)
- [Import video narration](#)
- [Import background audio](#)
- [Sync narrations with your presentation](#)

However, you may also record audio and video using the Record Audio / Record Video buttons:

- [Record audio](#)
- [Record video](#)